

Texas Juvenile Justice Department

# Service Provider's Program Components & Narrative Documents FY'18

# **TEXAS JUVENILE JUSTICE DEPARTMENT**

## **CONTRACT PROVIDER INFORMATION**

Name of Contract Provider: Garza County Regional Juvenile Center		Address: 800 N Ave F Post, TX 79356	
Name of Operating E	ntity: Cornerstone	Address: 6 I	nverness Court East, Suite #107
Programs Corporation	on	Englewood, CO 80112	
Phone: 720.895.1000	Fax: 720,895.8	000	Website:
			www.cornerstoneprograms.com
Service Provider:			
Non-Profit	X For Profit		ment Entity
Hub Yes No	If yes, attac	h copy of HU	B certification
Organization Type: <b>Ac</b> Program Administrato	ner or President: Josep Iolescent Behavioral Ti or: Michael Breedlove	h P. Newmar reatment and	n I Detention Service Provider
Program	Program	Program	Administrator Email
Administrator Phone	Administrator Cell #:   Address:		TOTAL DESTRUCTION
Number: 806-495- 806-787-1965			
Number: 806-495-	806-787-1965	mike.bree	edlove@cornerstonenrograms.com
<b>1261</b> OTE: Contract Owner or	President must complete	the Fingerpri	edlove@cornerstoneprograms.com nt and Background Check requirements
1261 OTE: Contract Owner or utlined in the contract approximation of the contract approximation of the contract approximation of the contract	President must complete greement even if he/she Gender(s): M	the Fingerpri will not be wo	nt and Background Check requirements rking directly with TJJD youth and/or
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#### Attachment A

Independent Living Preparation	Sex Offender Treatment*
Mental Health Treatment*	Gang Intervention Services**
Individual Counseling	Family Counseling

# **TEXAS JUVENILE JUSTICE DEPARTMENT**

#### **ACKNOWLEDGMENTS**

I, Michael Breedlove, acknowledge that all items listed below are current and/or in place at Garza County Regional Juvenile Center (GCRJC). If TJJD has any questions related to these matters, I can be reached via phone at 806-495-1261.

1)	fingerprint and background check process, and have been fingerprinted prior to working with the TJJD youth population and/or reviewing their records Yes
2)	GCRIC staff, contractors and volunteers working with TJJD youth have received initial, annual, and/or refresher training as per the licensing/certification entity standards XYes
3)	GCRJC participates in the federal school lunch program Yes N/A
4)	GCRIC has completed a Prison Rape Elimination Act (PREA) audit by August 31, 2016 and will make every effort to maintain compliance with the PREA standards in fiscal year 2018 Yes N/A-Foster Care Program
5)	GCRJC allows TJJD youth at least one free phone call per week to his/her parent/guardian X Yes
6)	GCRIC has provided the TJJD Youth Services Contracts Manager with all audit, monitoring, and investigation reports conducted by non-TJJD entities in FY'17 [9/1/16-8/31/17] Yes

Signature

6/07/2017

Facility Director

Date

Title

# **TEXAS JUVENILE JUSTICE DEPARTMENT**

## CONTRACT PROVIDER SPECIALIZED TREATMENT SERVICES

Name of Contract Pro Regional Juvenile Cer	vider: <b>Garza County</b> I <b>ter</b>	Fiscal Year: 2018
Specialized Treatment Anger Management	Sex Offender Of	Icohol & Other Drugs 🔀 Mental Health 🗌 ther: Please Specify
Name of Curriculum: \$	Seeking Safety	
safe model as it direct to delve into the traun thus making it relevan	attain safety from traun ly addresses both traum na narrative (the detaile t to a very broad range (	idence-based, present-focused counseling ma and/or substance abuse. It is an extremely na and addiction, but without requiring juveniled account of disturbing trauma memories), of juveniles and easy to implement.  Ith Need receive three (3) hours of individual
counseling per month case plan.	with twenty (20) minute	es of the time devoted to reviewing the youth'
Category of Service:  Individual	Duration of Service: 3 session/month f	for 3 hour(s) for duration of assignment to
Group	session/mon	oth for hour(s) for months
⊠ Family	Other: As deemed provider	necessary by contracted mental health
reatment Provider Nai ASOTP	me: Carla Mickle, Maste	er Level Therapist, MS, LCDC, LPC-Intern,
Contractor Employe	e ,,	Subcontractor
TIJD Approver Typed N	lame: TJJD Appi	roval Date:
		7/10/17

#### Attachment B

Kimbla Newsom, TJJD

Youth Services Contracts Manager

# **TEXAS JUVENILE JUSTICE DEPARTMENT**

## CONTRACT PROVIDER SPECIALIZED TREATMENT SERVICES

NOTE: complete separate form for each service type Name of Contract Provider: Garza County Fiscal Year: 2018 Regional Juvenile Center Specialized Treatment Services Type(s): Alcohol & Other Drugs Mental Health Anger Management Sex Offender Other: Please Specify Name of Curriculum: Living In Balance Description of Service: This flexible program draws from cognitive-behavioral, experiential, and Twelve Step approaches to help clients achieve lifelong recovery. It is listed on the National Registry of Evidence-based Programs and Practices (NREPP), and updated to meet DMS-5 classifications. Youth classified as having a Moderate Need in AOD will receive six (6) hours of service per week for three (3) to four (4) months. TJJD youth will typically attend five (5) sessions per week, totaling six (6) hours. While occasionally the number of sessions or duration of each session may vary, total service time will equal six (6) hours per week. Youth will also receive one (1) hour of individual AOD counseling per month. Youth classified as having a Low Need in AOD will receive one (1) hour per week of service. This could be delivered via group or individual sessions, dependent on each individual youth's needs. Category of Service: **Duration of Service:** (Moderate) M Individual 1 session/month for 1 hour for 3-4 months Group 5 session/week for 6 hours for 3-4 months Other: As deemed necessary by contracted mental health provider Treatment Provider Name: Carla Mickle, Master Level Therapist, MS, LCDC, LPC-Intern, **ASOTP** Contractor Employee Subcontractor TIJD Approver Typed Name: TJJD Approval Date: 7/10/17

#### Attachment B

Kimbia Newsom, TJJD

Youth Services Contracts Manager

# TEXAS JUVENILE JUSTICE DEPARTMENT

### CONTRACT PROVIDER SPECIALIZED TREATMENT SERVICES

NOTE: complete separate form for each service type

Name of Contract Pro Regional Juvenile Cer	ovider: Garza County	Fiscal Year: 2018
Specialized Treatmen Anger Management	t Services Type(s): Alc	ohol & Other Drugs
Name of Curriculum: to Sex-Wise	Gateways Counseling Ser	c Offender Treatment Program and Streetwise
effective treatment pr the emotional, sexual,	ment program based on k Togram components for it	ex Offender Treatment Program is an nown research findings indicating the most avenile sex offenders. The program focuses on a nship Issues that contribute to sexual d Moderate Need youth.
Trout each. Touth also	receive three (3) hours be	(2) individual sessions per month for one (1) er week of group counseling. LSOTP and youth per month with the youth's family.
Category of Service:  Individual	Duration of Service:  2 session/month fo	r 2 hour(s) for 6-9 months
⊠ Group	2 session/week for	3 hour(s) for 6-9 months
	Other: One hour per	month
one (1) nour each. You	in also receive two (2) ho	two (2) individual sessions per month for urs per week of group counseling. LSOTP and eling per month with the youth's family.
Category of Service:	Duration of Service:	
☑ Individual	2 session/month for	2 hour(s) for 6-9 months
⊠ Group	2 session/week for 2	hour(s) for 6-9 months
	Other: One hour per	month
novides all easy to use	is utilized for youth ident yet comprehensive mode	ified as Low Need in SBTP. This curriculum of for a basic series on human sexuality for art" methodology of sexuality education to

#### Attachment B

Table 1 to 1 to 1 to 1 to 1				
teens in non-traditional settings who often have limited academic skills and are resistant to classroom- based learning. The lessons are simple, concrete and actively involve group members in the learning process. They extend beyond mere factual information and address				
attitudes, values, and skills, an approach that experts find is more likely to lead to positive behavior change in young people.				
	denoted change in young people.			
Youth identified as Lov group per week for 6 v	v Need SBTP youth receive one (1) hour of psychosexual education veeks.			
Category of Service:	Duration of Service:			
Individual	session/month for hour(s) for months			
⊠ Group	≥ 1 session/week for hour(s) for 6 weeks			
Family	Other:			
Moderate Need)	me: Dr. Beth Shapiro, PhD, and Dr. Bret Hendricks, PhD (High and evel Therapist, MS, LCDC, LPC-Intern, ASOTP (Low Need)			
Contractor Employe	e Subcontractor			
THE				
TJJD Approver Typed	Name: TJJD Approval Date: 7/10/17			
V. Dominion				
~ 9°01 WW	1301 N			
Kimbla Newsom, TJJD Youth Services Contracts Mai	nager			

Youth Services Contracts Manager

# **TEXAS JUVENILE JUSTICE DEPARTMENT**

## CONTRACT PROVIDER SPECIALIZED TREATMENT SERVICES

NOTE: complete separate form for each service type Name of Contract Provider: Garza County Fiscal Year: 2018 Regional Juvenile Center Specialized Treatment Services Type(s): Alcohol & Other Drugs Mental Health Anger Management Sex Offender Other: Gang Intervention Services Name of Curriculum: Gang Realities in Our World (G.R.O.W.) Description of Service: This program was developed from the book "Gangbusters" by Lonnie Jackson. It addresses gang involvement head-on with direct challenges to the thinking of gang involved youth. Gang Intervention Services are delivered two (2) hours per week for eight (8) weeks. Category of Service: **Duration of Service:** Individual session/week for hour(s) for weeks □ Group 2 sessions/week for 2 hours for 8 weeks Family Other: Treatment Provider Name: Assigned Case Manager Contractor Employee Subcontractor TIID Approval Date: 7/10/17 **TJJD Approver Typed Name:** Kimbia Newsom, TJJD

# **TEXAS JUVENILE JUSTICE DEPARTMENT**

#### CONTRACT PROVIDER SPECIALIZED TREATMENT SERVICES

NOTE: complete separate form for each service type Name of Contract Provider: Garza County Fiscal Year: 2018 Regional Juvenile Center Specialized Treatment Services Type(s): Alcohol & Other Drugs Mental Health Anger Management Sex Offender Other: Please Specify Name of Curriculum: Seeking Safety Description of Service: Seeking Safety is an evidence-based, present-focused counseling model to help people attain safety from trauma and/or substance abuse. It is an extremely safe model as it directly addresses both trauma and addiction, but without requiring juveniles to delve into the trauma narrative (the detailed account of disturbing trauma memories), thus making it relevant to a very broad range of juveniles and easy to implement. Youth identified with a Moderate Mental Health Need receive three (3) hours of individual counseling per month with twenty (20) minutes of the time devoted to reviewing the youth's case plan. Category of Service: **Duration of Service:** M Individual 3 session/month for 3 hour(s) for duration of assignment to Group session/month for hour(s) for months Other: As deemed necessary by contracted mental health provider Treatment Provider Name: Carla Mickle, Master Level Therapist, MS, LCDC, LPC-Intern, **ASOTP** Contractor Employee Subcontractor **TJJD Approver Typed Name:** TJJD Approval Date: 7/10/17

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#### A. Program Description

In line with the intent and focus of TJJD CON0000309, Cornerstone is able and committed to operate a program that will provide a safe, therapeutic and secure residential setting for juvenile offenders. Cornerstone will work towards the following goals and objectives to meet the expectations of the Statement of Work.

The goal of this program is to provide a safe environment where young men can build solid foundations for their futures. Positive behavioral change accomplished by the youth will be encouraged in an environment that is not only safe for change, but one that supports and encourages it. The ultimate goal of the program will be to help juvenile offenders make better decisions reflecting a positive social response and thereby reducing delinquent behaviors. The program mission is to provide a transforming experience for the young men in placement and serve as an instrument of social change in their culture in order to increase their chances of success upon community reintegration.

Our objective is to fulfill all contractual obligations outlined in the TIJD Statement of Work by ensuring public safety; developing social, academic and vocational competencies; and providing accountability to repair the harm the youths' behaviors have caused in their relationships with their families and in their communities. The youth who are in our care have complex and multiple problems. They may have had a series of unsuccessful placements and may have "earned" their way into this program through aggressive, violent and/or self-destructive behaviors. They may be difficult to manage and even dangerous. The treatment program is designed to assist the youth in gaining self-control and feeling safe enough to pursue relationship-based treatment. An effective program has to find the delicate balance between safety and security practices, relationships and treatment. The environment will provide clear expectations and boundaries that will be upheld, while also encouraging age appropriate interests and behaviors.

Upon youth admission, if the psychological evaluation is over one year old (365 days), a new psychological evaluation will be conducted with the youth by the contracted program psychologist. Depending on the youth's treatment needs, as they are identified

in the psychological assessment and CCF-060D Placement Assignment, an individualized treatment plan is developed. The treatment plan addresses the individual treatment needs such as family counseling, drug and alcohol, sex offender, anger management and general offender issues. All therapeutic services are evidence-based and delivered by Master level professionals, licensed sex offender therapists and licensed drug and alcohol counselors, in both group and individual settings.

Cornerstone Programs also provides a Cognitive Behavior Treatment (CBT) based core treatment program. Case managers facilitate the core groups and behavior groups on a regularly scheduled basis. Stage assessments are conducted through a Multi-Disciplinary Treatment (MDT) Team which meets on a monthly basis, and involves the youth, case manager, operations staff, education, medical staff and others, as needed. During MDT team meetings all components of youth treatment plans are addressed. Youth also receive life skills training weekly. The case managers issue assignments and activities, i.e., journals, discussion topics, money management, etc. for youth to complete and discuss in group format. Completed assignments are retained on a monthly basis and submitted as a component in the MDT review.

In addition to the therapeutic services offered to youth, they are also provided with ancillary services such as an accredited education program, a structured recreation program, GED prep and onsite GED testing, vocational training, psycho-educational core groups, cultural awareness curriculum and college course opportunities through online college courses. To provide ultimate support as youth progress through their treatment plans the program employs a complement of culturally diverse and bilingual staff to include its educators and therapists.

#### B. Licenses and Certification of Program

In accordance with Texas Administrative Code (TAC) 343, Garza County Regional Juvenile Center is certified by the Garza County Juvenile Board, as well as the Texas Juvenile Justice Department, to house and provide services to Pre-Adjudicated and Post-Adjudicated Youth.

GCRJC is a PREA certified facility, obtaining this certification in January 2015. The facility will maintain PREA certification as per the requirements of the Statement of Work.

As an accredited facility through the American Correctional Association, GCRJC adheres to nationally established best practices in delivering quality services to youth in the program. GCRJC was awarded ACA accreditation in January 2016, although not a requirement of TJJD, the facility will maintain ACA accreditation.

Cornerstone's Garza County facility currently complies with all assigned TJJD Rules and all related standards and any subsequent amendments to these policies and standards, which apply to residential programs. Cornerstone has demonstrated such willingness and ability to comply for the past several years and will commit to complying fully in the future.

#### C. Staff Ratios and Training

#### 1. Staff Ratios

Pursuant to the Prison Rape Elimination Act of 2003 (PREA), the facility will maintain a staff-to-youth ratio of 1:8 during programming hours and 1:16 during non-programming hours, effective 10/01/2017. In order to accomplish this, the facility would hire and properly train staff a month ahead of the new ratio date of 10/01/2017.

In the event that the TJJD does not grant a per diem to support the mandated PREA staff-to-youth ratio requirements, a waiver is hereby requested to maintain a staff-to-youth ratio of 1:12 during programming hours and 1:16 staff-to-youth ratio during non-programming hours.

Direct Care Staff will maintain established staff-to-youth ratios of 1:12 during programming hours and 1:16 during non-programming hours by providing direct supervision at all times, during all activities. Direct Care Staff will be present in the classrooms during the school day to maintain order, safety and security at all times; this includes all recreational activities. While in the dorm during programming hours,

Direct Care Staff will maintain a 1:12 ratio Should there be more than 12 youth assigned and present on the dorm or in the classrooms or other activities; two staff will provide direct supervision to the youth. Direct Care Staff ratios will only include staff providing direct supervision to TJJD youth. Supervisors, Educators, and Case Managers will not be counted for the purpose of staff-to-youth ratios.

The facility shall be staffed by Youth Advisors twenty-four hours per day, seven days per week, twelve months a year. If youth of both sex are present in the facility, male Youth Advisors and female Youth Advisors will be on duty. The Unit Managers will be responsible for ensuring that all staffing requirements are met; this includes meeting all staff-to-youth ratios. Youth shall be in the constant physical presence of a Youth Advisor at all times.

#### 2. Training

In accordance with Texas Administrative Code (TAC) Chapter 344, employees of Garza County Regional Juvenile Center will meet the qualifications of a Juvenile Supervision Officer (JSO) prior to providing sole supervision of youth. Although not counted in direct care coverage, the qualifications of a JSO extend to the Facility Director, Director of Treatment, Director of Operations, Case Managers and Department Heads.

All staff members receive a minimum of 80 hours of training; with all training completed within 180 days of employment. In addition, GCRJC utilizes a Pre-Service Orientation program consisting of various curricula to prepare new employees on how to deal with and manage youth committed to TJJD and GCRJC.

The training program includes over 40 hours of classroom topics, as well as a 40-hour On-The-Job Training component in which new staff shadow and are trained by designated veteran staff/supervisors. All direct care staff, as well as Department Heads, are required to complete this training prior to assuming duties that provide sole supervision of TJJD youth. Handle With Care (HWC) is the state approved physical restraint system used at GCRJC. All direct care staff are required to complete and demonstrate competency in HWC prior to completing training. The

requirement for completing HWC does not apply to staff positions that do not require JSO qualifications, such as clerical positions. Additionally, all staff must complete 80 hours of training every two years to maintain JSO certification, in accordance with TAC 344.

## 3. Movement Supervision/Staff Deployment:

All youth movement will be directly supervised by a Youth Advisor and will be a one way transition from a starting point to a point of destination and will be coordinated by the control center:

Only one group of youth from a specific housing unit may be moved at one time; there will be no cross traffic in the hallway. Youth will be required to walk single file close to the wall on their immediate right hand side and are not allowed to speak while in transition. In the event that there is a youth from another housing unit in the hallway with staff at the time of movement, that individual youth(s) will be required to face the adjacent wall to avoid contact with the moving group.

At no time will youth be permitted to transition without direct staff supervision. Youth will be supervised at all times, including instances when they are in isolation (cool downs) or in security status.

With the exception of student council or special events such as guest speakers, youth from different populations may not co-mingle or have physical or verbal contact.

Staff will position themselves in a manner which allows direct line of sight so that all youth in transition can be clearly observed in a manner that prohibits abuse, physical assault, adheres to PREA requirements and ensures orderly and safe movement.

Once at the destination point, all youth will sit at their assigned or staff-designated seat and will remain seated, unless otherwise directed by staff.

Should a youth become severely disruptive in education or any other area of the facility, the youth may be escorted back to his assigned room, but a staff must remain to provide observation while the youth is secluded.

Supervising staff will notify the control staff, via radio, of the number of youth being transitioned. Supervising staff will maintain a count of youth under their supervision at all times for escape prevention, as well as to ensure that youth are free from harm.

#### 4. Transportation/Off-Site Supervision:

GCRJC will provide all transportation services for youth while at the program for necessary medical, dental, mental health appointments, court appearances and upon scheduled release to a public transportation location, such as a bus station or airport. Youth supervision practices for youths allowed to temporarily leave or be released from the secure confines of the facility or the facility's secure grounds include:

Only staff meeting the qualifications of a Juvenile Supervision Officer (JSO) by the Texas Juvenile Justice Department may transport and supervise youth off premises. Staff must have a current State of Texas Driver's License, have cleared an annual driver's record review and be approved facility drivers.

Two direct care staff meeting the qualifications of a JSO will be assigned to all transports and no more than 6 youths may be transported at once.

When practical, both supervising staff will be of the same gender as the youth being transported; however, one male staff member and one female staff member may be used as the transportation team, provided that staff of the same gender perform personal searches on the youths on transport;

Only staff meeting the qualifications of a JSO who have completed and demonstrated competency in a facility mechanical and physical restraint course (Handle With Care-Behavior Management System) will be authorized to use approved restraint practices.

Staff will ensure that youth have no contact with the general public and will maintain separation of youth and the public as best as their environment allows. Should a youth become unruly or attempt to make contact with the public, staff will redirect the youth or escort him to the secured vehicle and stay with him until either the purpose of the visit is completed or the youth is returned to the secure placement.

Staff meeting the qualifications of a JSO, who transport a youth off the facility premises, must be currently certified in CPR, First Aid and Handle With Care.

Youth on transport will be searched for contraband, prior to departing the facility, upon arrival back to the facility and prior to being allowed back into the general population.

While on transport, all youth will be fully restrained utilizing handcuffs, belly chains and leg restraints. At no time, without the consent of the Director of Operations or Facility Director, will the restraints be removed during transport to medical, dental, mental health visits or court proceedings.

The transportation team will notify the facility control center of arrival and departure times from the facility and places of appointments or release.

At all times during transportation, both youth and staff will be required to wear seatbelts, and staff will adhere to posted speed limits.

#### D. Health Care - Medical and Dental Services

Cornerstone currently provides a designated Health Authority for the Garza County Regional Juvenile Center. Ben Edwards, M.D., is contracted with the responsibility for health care services for youth at the facility. GCRJC utilizes the following health care providers in the local community:

- Ben Edwards, M.D. / Kristina Lee PA-C
- Garza County Health Clinic
- University Medical Center (UMC)
- Donna Winchester, DDS
- Vision Mart
- Julie Bates, Ph.D. / Stewart Spendlove

Each (of two) facility nurse at GCRJC provides 40 hours per week of on-site nursing services during normal business hours and on-call nursing services 24 hours a day.

GCRJC provides over-the-counter medications, medical supplies and first aid to TJJD youth under the supervision of the facility's nurses and trained staff.

GCRJC provides psychiatric medication management through contracted licensed psychiatrist, Avrim Fishkind, M.D. and his APN, Donna Gambrel. GCRJC requires any staff administering psychotropic medications to be trained in the administration and side effects of these medications. This training is conducted annually and as needed by Ben Edwards, M.D., the designated Health Authority, or Francelle Cox, the Health Services Coordinator.

GCRJC will obtain authorization and an encumbrance number from TJJD prior to the delivery of all medical services and prescription medication purchases, except in the case of an emergency. TJJD will be notified and a medical authorization form will be sent as soon as possible after an emergency. GCRJC provides transportation to TJJD youth to and from health care appointments. GCRJC provides supervision for any youth sent off site to a hospital. Supervision is provided at a rate of at least two staff per youth for the duration of the hospital stay.

GCRJC will ensure all information needed to enroll youth into the Medicaid system is available to the assigned TJJD Case Management Specialist prior to their release.

#### E. Rehabilitative and Specialized Treatment Services

In addition to GCRJC's core treatment services, all TJJD youth presently have access to specialized mental health, chemical dependency or sexual behavior treatment services. To meet the treatment needs of the TJJD youth assigned to GCRJC, clinical staff and subcontractors include:

Treatment Director- Haylee Dill, MEd, LPC-I, LBSW

Psychologist- Dr. Julie Bates, PhD / Dr. Stuart Spendlove, PhD

Sex Offender Therapist- Dr. Beth Shapiro, PhD / Dr. Bret Hendricks, PhD

Psychiatrist- Dr. Avrim Fishkind, M.D. / Donna Gambrel, APN

Therapist - Carla Mickle, MS, LPC-I, LCDC, ASOTP

Therapists - William David Boyles, LPC-S, / Rex Boyles, LPC-S, LBSW

Physician- Dr. Ben Edwards, MD / Kristina Lee, PA

All therapeutic services are evidence-based and delivered by Master level professionals, licensed sex offender therapists and licensed drug and alcohol counselors in both group and individual settings.

Specialized Mental Health Treatment: All TJJD youth have access to mental
health treatment through GCRJC's contracted treatment team: Psychiatrist, Avrim
Fishkind, M.D. / Kristina Lee, PA-C; Psychologists, Julie Bates, Ph.D. / Stuart
Spendlove, PhD; and Therapists, David Boyles, Rex Boyles, and Carla Mickle.

Please refer to Attachment B: Contract Provider Specialized Treatment Services for details of the GCRJC Mental Health Treatment Program. Supplemental curriculums may include:

- "ADHD Workbook for Teens" by Lara Honos-Webb; This workbook helps youth find out who they really are through a series of exercises and worksheets that focus on identifying their strengths and interests. Youth begin using those strengths to create strategies for overcoming the ADHD-related issues they struggle with.
- "Out of Control A Dialectical Behavior Therapy Cognitive-Behavioral Therapy Workbook" by Melanie Gordon Sheets; This approach is designed to help youth get control of their emotions and the emotion-driven behaviors that have been so disruptive to their lives and families.
- "Helping Teens Learn Self-Regulation" by Brad Chapin; This program provides a solid, yet flexible, foundation for intervention with adolescents. The strategies are presented in simple, step-by-step lessons, activities and reproducible worksheets. These strategies can be used for quick interventions with individual adolescents. They can also be used to create dozens of unique curricula, tailor-made to target specific problem areas for small groups or classrooms in middle and secondary schools.

- "The Mindfulness Toolbox" by Donald Altman; The awareness boosting methods in this guidebook offer participants a means of reappraising and observing negative and anxious thoughts, habits, pain, and stress in fresh ways that produce new insight, positive change, and a sense of hope.
- Specialized AOD treatment: GCRJC presently provides specialized AOD treatment for all TJJD youth who have been identified as needing such treatment in the CCF-060D Placement Assignment. Primary AOD treatment is presently provided through the contracted licensed counselor, Carla Mickle, MEd, LPC-I, LCDC, ASOTP.

Please refer to Attachment B: Contract Provider Specialized Treatment Services for details of the GCRIC Alcohol and Other Drugs (AOD) Treatment Program. Supplemental curriculums may include:

- "Integrated Services for Substance Abuse and Mental Health Problems Cognitive-Behavioral Therapy"; developed by the faculty from Dartmouth Medical School and published by the Hazelden Foundation. This version of CBT focuses on cognitive restructuring with emphasis on helping the youth examine the sequence of events from situations to thoughts to feelings and understand that there is more flexibility in altering thoughts than the youth may have ever imagined.
- "Hazelden's Co-Occurring Disorders and Moral Reconation Therapy."

  These treatment concepts are evidenced-based and focus on cognitive behavioral therapy. The treatment program will also incorporate the Turning Point curriculum, which is a metaphorical approach to help the offender eliminate thinking errors. This curriculum will be utilized as a supplement to the Hazelden and MRT core curriculum. Turning Point's curriculum also creates cognitive dissonance at a higher level, while revealing the youth's discrepancies between their value system and their behavior.

- "Overcoming Your Alcohol or Drug Problem Effective Recovery Strategies" (with the companion workbook) by Dennis Daley and Alan Marlatt, published by Oxford University Press. This evidence-based CBT model focuses on thinking errors that may lead to substance abuse as well as recovery, reintegration and relapse prevention.
- 3. Specialized Sex Offender Treatment: GCRJC provides sex offender treatment services through the contracted licensed sex offender therapists and support staff: Beth Shapiro, Ph.D., LMFT, LSOTP, Brett Hendricks, Ed.D., LPC-s, Provisional Sex Offender Treatment Provider; and Douglas Sutton, Deputy Sheriff, Lubbock County Texas. Mr. Sutton conducts clinical polygraph examinations and maintenance, as well as monitoring polygraph examinations, and provide reports on test results, as requested by Dr. Shapiro. Please refer to Attachment B: Contract Provider Specialized Treatment Services for details of the GCRJC Sex Offender Treatment Program.

Should TJJD choose to utilize the GCRJC Sex Offender Program the following per diem would apply for the listed levels of service:

- High Need SBTP \$255.64 (1:8 PREA Ratio); \$231.87 (1:12 Ratio)
- Moderate Need \$248.50 (1:8 PREA Ratio); \$224.73 (1:12 Ratio)
- Gang Intervention Services: Please refer to Attachment B: Contract Provider Specialized Treatment Services for details of the GCRJC Gang Intervention Services Program.
- 5. Aggression Replacement Training: Youth identified as having a Moderate Need as Capital and Violent Offender on the CCF 060D Placement Assignment will receive Aggression Replacement Training (ART) by a trained, qualified ART instructor. ART sessions are conducted three (3) hours per week for ten (10) weeks.

- 6. Independent Living Preparation: Independent Living Preparation (Life Skills) groups take place two (2) days per week for one (1) hour each session. Modules will enable youth to acquire various skills including, but not limited to, career development, money management, health education, cognitive skills, parenting skills and crime victim awareness.
- 7. Individual and Family Counseling: Individual and family counseling sessions are conducted through the various specialized treatment programs at GCRIC. Youth who do not have an "identified need" but are interested in obtaining individual or family counseling may submit a written request to the therapist or the Director of Treatment.

#### F. Risk Assessment Instruments

GCRJC utilizes a variety of tools to determine a youth's risk while at GCRJC. These assessments include:

- MAYSI-2
- Screening for Risk of Sexual Victimization/Abusiveness (PREA)
- GCRJC Initial Risk Assessment
- RANA
- RPACT

#### G. Target Population

Cornerstone Programs will provide care and services for a TJJD target population of 40 male juvenile offenders, 14 years to 18 years of age.

#### H. Program Completion Requirements

In order for a youth to successfully complete the program at GCRJC, he must successfully complete all specialized treatment needs as identified in the "CCF-060D Placement Assignment". The youth must also address any identified issues in the "CCF-114a Individual Assessment and Treatment Summary" in the Placement Plan and Rationale Section. The youth must also obtain a Stage 4 by meeting all requirements as laid out in the "CCF 517 Multi-Disciplinary Team Assessment Forms" (to include 517-1, 517-2, 517-3, and 517-4). Should a youth not meet each of these requirements prior to his

Minimum Length of Stay (MLOS), GCRJC will provide all needed information to the TJJD Case Management Specialist to request an extension from the TJJD Release Review Panel.

#### I. Daily Living Services

To ensure facility safety and security, juveniles are never left unsupervised. The facility maintains sight and sound supervision of juveniles 24 hours a day, 7 days a week by qualified staff who meet the minimum employment requirements of TAC Chapter 344, including being at least 21 years of age and meeting the requirements as a Juvenile Supervision Officer. At no time will a juvenile or group of juveniles have control over other juveniles. Inherent in staff supervision and involvement is a positive relationship between facility staff and juveniles. Staff involvement with youth ensures a positive environment.

Daily services to include meals, education, recreational activities, individual and group therapy and access to medical services are offered by way of an established and orderly facility schedule. The facility schedule, which includes daily services offered, is developed and maintained by the Director of Operations.

#### J. Educational Services

Educational services are provided on site by the Post Independent School District (Post ISD), a fully accredited school with its central office in Post, Texas. School is scheduled five days per week, Monday through Friday, from 8:00am - 4:00pm, excluding major holidays. Summer school is held for six weeks each summer, allowing youth time for credit recovery.

The Post Independent School District only employs fully qualified/certified teachers who are capable of providing extensive services targeted for at-risk youth including dynamic instruction, recreational activities that exceed state requirements, advanced technologies (including individualized, computer assisted assessments and remedial programs) and age-appropriate activities and materials.

The educational program has been designed specifically for youth in a residential treatment environment. The mission of the education program is to facilitate each

youth's personal growth and development toward his personal career goals, be it the workforce or further education. This includes skill acquisition, increasing functional performance and experiencing a broad range of individual and collaborative learning experiences.

The academic program provides each youth with a range of educational opportunities: 5-12, GED and post-graduate classes, as well as vocational programming that emphasize and reinforce academic skill development. Other program activities and events consciously address academic skill development and reinforcement. Each youth in Special Education has an Individualized Education Plan based on an assessment of his strengths, interests and development areas. Admission, Review and Dismissal (ARD) meetings are held on-site.

GCRJC provides TJJD youth, as needed, with GED preparation, along with proctor-certified staff to provide on-site GED testing. Testing vouchers are requested from the Contract Services Manager once a youth has passed practice tests and is deemed "ready to test" by the contracted GED teacher.

For TJJD youth who have completed their high school education or received their GED, GCRJC will provide vocational education opportunities. Vocational opportunities include Computer Technology and Networking (with the opportunity to receive certification in Microsoft Programming) and college courses through online college programs. Should TJJD choose to utilize the GCRJC Vocational Education Program, an additional tuition fee would be incurred at \$3,200 per youth.

## K. Clothing, Nutrition, and Hygiene

#### 1. Clothing

Cornerstone will provide clothing and hygiene items to TJJD youth and will provide for all their nutritional requirements as specified in this RFP, and state and federal law.

Youth will be issued the following items:

2 white t-shirts	1 pair colored recreation shorts	1 washcloth
<ul><li>2 pair white socks</li><li>2 pair white boxers</li></ul>	1 colored recreation t- shirt	l blanket
1 pair khaki pants	1 pair shower shoes	1 set white sheets
1 Colored Phase/Level shirt (Phase/Level 2-4)	1 towel	1 pillow case
	1 pair sneakers	1 sweatshirt in cool weather months

Upon arrival at the facility, each youth is provided personal items box containing the aforementioned clothing items.

Clothing will fit appropriately when provided. Clothing will be replaced as it shows signs of wear, or becomes ill fitting. A clothing inventory for each youth will document the initial issue of the clothing items and subsequent issues to include dates. Youth will return worn-out or ill-fitting clothing when they request replacements.

Laundry services are provided by facility staff on a daily basis, generally occurring on the overnight shift (10 p.m.-6 a.m.). A schedule of laundry services is published and maintained on the bulletin board on each dorm, specifying what type of clothing and/or linens are laundered during the week.

#### 2. Nutrition:

The program will provide meals to meet or exceed all licensing standards as well as the USDA school breakfast, lunch, dinner and snack dietary allowances seven days per week, twelve months per year at no cost to the youth. Menus will be certified annually

by a certified dietician and contain a variety of foods, and due to the age of the youth served, will contain foods appropriate to the target population's preferred eating habits while also encouraging the youth to try new foods and establish new habits. The dietician and program management will work together to ensure that the menu is age, gender, physical ability, medically and activity level specific to this population.

All TJJD nutrition and food service policies will be followed through the delivery of nutritional services. The program will participate in and meet all regulation of the National School Lunch Program/School Breakfast Program.

The program's food service plan will be managed by an on-site certified food service manager. The program's food service plan will follow all applicable state and local sanitation and health standards and will include at least two health department inspections during the school year. The food service plan includes the usage and upkeep of temperature records for food storage, preparation and service.

The program menu will adhere to the most recent recommended dietary allowances from the TDA / USDA. Provisions will be made to accommodate juveniles who are not available at regularly scheduled meal times due to unusual circumstances.

The program will serve portions of food as indicated on the master menu; records of any substitution will be kept on file for 3 years. An evening snack will be provided to each youth each evening. Food production records will be completed for each meal.

Modified diets will be provided upon the recommendation of health professionals, religious clergy or as authorized by the Unit Manager for religious reasons. All dietary provisions made after consultation of the aforementioned program staff will be documented and filed accordingly.

The program will include a quality of food review by youth which will consist of a quarterly survey. Youth concerns will be addressed by facility administration.

Youth and staff will eat from the same single menu. The program will provide meals twelve months per year at no cost to the youth. At least two (2) meals each day will be

hot meals while one meal per day may be cold (such as cereal at breakfast, or sandwiches).

GCRJC prohibits the use of meals and snacks for disciplinary purpose. The program will allow a maximum of 14 hours from the beginning of supper to the beginning of breakfast.

## 3. Hygiene Items The following items will be provided to each youth:

1 comb	1 shampoo	1 toothbrush
	l dental floss*	
1 soap	*When requested by the youth, dental floss will be provided by way of the shift supervisor or nurse.*	1 toothpaste
1 deodorant		

Upon arrival at the center, each youth will receive personal hygiene items in their personal items box as stated above.

Culturally sensitive and gender specific hygiene items will be provided as needed. Such products could include (but not be limited to) disposable razors and gender specific, ethnic hair and skin care products. Items will be replaced by the program as needed. Due to safety issues, youth will not be permitted to have more than the one of each hygiene item at a time.

#### L. Food Services

The facility has onsite food service operations, encompassing 1,096.2 square feet of space. The food service department provides three nutritionally balanced meals daily, at least two of which must be hot meals, and an evening snack. The facility menu is reviewed and approved by a licensed dietician and each youth is provided meals on a daily basis that exceeds 3,200 calories. In addition, the program's food services operation is inspected twice a year by The State of Texas Department of Health.

The program maintains a comprehensive tool control and chemical log to track the use and location of chemicals and tools. In addition, all chemicals remain securely stored, and all tools are stored in a locked and outlined tool cage.

#### M. Youth Rights and Privileges

1. <u>Rights:</u> In accordance with the Texas Administrative Code, GCRJC will endeavor to protect rights granted to youth in custody by way of the U.S. Constitution and other federal laws and statutes.

Illegal Discrimination: The facility (staff) shall not discriminate against any youth based on race, national origin, religion, sex, sexual orientation, gender identity or disability in the provision of any program or service.

<u>Supervision</u>: Youth Advisors (JSOs) are solely responsible for the supervision and control of youths. Youths shall not be subjected to supervision and control of other youths.

<u>Legal Counsel</u>: All youth have the right to reasonable confidential contact with their attorneys through telephone calls, uncensored letters and personal visits.

<u>Work:</u> Youth may be required to work at general housekeeping such as cleaning their rooms, sweeping the common hallways or wiping down tables in the dining room. However, youth will not be compelled to perform any work that may be exploitive in nature.

<u>Visitation and Communication</u>: Youth have the right to receive visitors and to communicate and correspond. These rights are subject only to the limitations necessary to maintain facility security and control.

Telephone and Mail: GCRJC will allow reasonable and fair access to telephones and during evening hours on the dorm in 10 minute durations. Youth may call only persons on their approved telephone list. Telephone calls may be limited based on

population and staffing. Youths shall be allowed unlimited access to mail. All mail shall be opened in the presence of the juvenile for inspection of contraband only. Provisions shall be made to forward mail when the youth is released or transferred. Although no money is needed or allowed in the facility, as the facility provides for all youth need, any money that is received in the mail shall be held for the youth in a youth trust fund, with receipt provided, or returned to the sender.

Medication: Except upon the order of medical personnel, no stimulant, tranquilizer or psychotropic drug shall be administered to a youth. Facility staff shall not give any prescription medication to a youth if the medication is not ordered by medical personnel.

Experimentation: Youths shall not participate in any medical, pharmaceutical or cosmetic experiments while in the facility or while in the custody of the facility staff. Experimentation using youth is strictly prohibited.

Grievances: The facility will participate in the TJJD Grievance Manager system using pre-numbered grievance forms (YRD-101) provided by TJJD. TJJD's grievance system allows for youth and their parents or guardians to appeal decisions made by GCRJC (and TJJD personnel) to the TJJD Executive Director, as outlined in GAP.380.9353. The facility will submit a youth rights monthly report (YRD-108) and Youth Grievance Clerk Meeting Minutes report (YRD-109) to TJJD by the 8th working day of each month.

Religion: Youth may participate in religious services and religious counseling voluntarily, subject to the limitations necessary to maintain facility security and control. Religion is everyone's choice. Youth may only be prevented from attending religious services or counseling if their presence compromises the health and safety of other youths or they themselves pose a threat to the security of the facility. Youth also have the right to a diet in accordance with religious beliefs.

2. <u>Privileges</u>: In line with the GIT Behavior Modification System outlined below, youth have the ability to demote, retain or promote in privilege level each month during

their monthly treatment plan review. Privileges by "Level" are outlined below. Specifics of items are outlined in the Youth/Parent Handbook.

#### Privilege 0

- No personal belongings
- No pictures
- No mail in your possession
- Bedtime 8:30 pm (weekdays) and 9:00 pm (weekends)
- No television or radio during weekdays (except at news time or after 5:00 p.m.)
- 1-Blue jumpsuit

#### Privilege 1

- Personal pictures and mail
- Personal hygiene (deodorant, soap, shampoo, toothpaste, toothbrush)
- One pair of black or white shoes
- Bedtime 9:00pm (weekdays) and 9:15pm (weekends)
- No television or radio during weekdays (except at news time or after 5:00 p.m.)
- 1-Blue jumpsuit

#### Privilege 2

- Khakis and level shirt
- Drawing pad and 12 colored pencils
- Personal Hygiene
- Personal underwear (solid black or white) and black or navy blue gym shorts
- Two collect phone calls per week (based on daily behavior and at designated times)
- Bedtime 9:15 pm (weekdays) and 9:30 pm (weekends)
- No television or radio during weekdays (except at news time or after 5:00 p.m.)

#### Privilege 3

- Khakis and level shirt
- Personal hygiene, underwear, socks and shoes
- Can wear hair the way they want (has to be reasonable length)
- Personal CD Player and 5 approved CD's
- Unlimited collect phone calls a week (based on daily behavior and at designated times)
- Bedtime 9:30 pm (weekdays) and 9:45 pm (weekends)
- Includes privileges from previous levels
- No television or radio during weekdays (except at news time or after 5:00 p.m.)

#### Privilege 4

- No limit on pictures/mail (reasonable amounts must be followed)
- Personal hygiene, underwear, socks, and shoes

- Allowed 1 pair of personal shoes and 1 pair of facility shoes
- CD player allowed in room only and 5 CD's that have national labels
- Hand held Game boy allowed in room only and 5 approved games
- Bedtime 9:30 pm (weekdays) and 10:00 pm (weekends)
- Includes privileges from previous levels
- Unlimited collect phone calls a week (based on daily behavior and at designated times)
- No television or radio during weekdays (except at news time or after 5:00 p.m.)

#### N. Behavior Modification System

Guided Interactive Therapy (GIT) is an evidence-based cognitive-behavioral approach to group therapy. Incorporating cognitive, behavioral and social resources and small group theory offers a variety of strategies for treating adolescents, especially those who are atrisk and disruptive. Anger management, negotiation and using social support networks are among the topics addressed.

Program Overview: The basic premise of GIT, is that each youth entering the program needs help learning responsible behaviors and that this cannot be done without the involvement of their peers and staff. Peers are vitally important in this process as youth need involvement with others to eliminate the pain of being constantly involved with his self and the bad feelings he may have. In the past, peers have been used as "negative peers" to share misery with. Youth need to learn positive, helpful, caring relationships. Each peer has as much responsibility to help others as he does himself, because only through this process does he learn to temporarily push his own needs and problems aside and concentrate on someone else. This not only develops self-discipline, concern and respect and understanding for others, but it also helps to satisfy each person's need to be worthwhile and significant to others.

Staff's role is to provide concerned models (or guides) for this process of treatment. Many youth have not had experiences with adults who can show caring openly and at the same time set limits when necessary. Staff has the responsibility to protect youth from themselves and/or negative peers by setting limits when the peer group does not do so. In brief, the staff's responsibility is to influence the overall peer culture and to see that the group accepts and fulfills its responsibilities. The youth's responsibilities involve seeing

that other group member's behaviors are acceptable and for assuring that they are dealing with their problems.

Group meetings: Although the process of the GIT takes place at all times in the program, the major focus occurs during daily GIT groups, held three times a day. The overall process in the group is complex, but in brief, the youth must go through the following stages: 1) Trusting the group, 2) Getting to know self, 3) Getting to know others, 4) Making responsible plans and commitments, and 5) Terminating plans. Past problems are particularly significant when the student is in the phase of "getting to know self". The youth must present his life story to the group in such a way that he can show an awareness of his problems. However, past experiences can never be used as an excuse to explain present irresponsible behavior. Focus is on helping the youth fashion new, more responsible ways of behaving. It is also done with the goal in mind of helping the youth deal with reality as it is; not fantasized reality. In general, excuses for past or present irresponsible behaviors are not acceptable, but plans to develop responsible behaviors are.

The group meeting itself is highly structured. Each group has a staff group leader and the group is composed of all the youths on that unit. The majority of helping in the groups is done by the group itself. The role of the group leader is to see that the group helps and does not hurt. Also, by asking appropriate questions or making comments, the group leader guides the group by helping them to see things that may need to be discussed, helping to clarify issues that may be confusing to the group members and keeping the meeting on agenda. At the end of the meeting, the group leader processes or summarizes. At this time he/she acts as a guide or a teacher and points out areas where the group has done well, describes the progression of the meeting and points out individual group member's contributions. In addition, he/she may state what has been accomplished and what areas the group may not have covered. Also, he/she may give direction for follow-up action. In the case of a school teacher, he/she may give out homework assignments. To emphasize the importance of the GIT and to relate it to the phase system, all youth's "promotions" and special rewards/privileges will be correlated to GIT ratings and processes.

It is important to note that the process of GIT does not end with group, but must be carried out at all times "on the floor" outside of group. The youth and staff have a responsibility to help each other evaluate their behavior, act responsibly, and carry out the commitments they have made.

Measuring youth's progress: Throughout the week, staff observe youth in all activities and are charged with rating their behavior, compliance and participation. Staff may assign the following ratings:

- Baseline: This rating is appropriate when the youth is following basic behavioral
  expectations regarding program norms and expectations, as well as individual
  expectations as outlined on the youth's treatment plan. A baseline score simply
  means that the youth's attitudes and behaviors meet the basic program
  expectations.
- Pluses: A Plus is given when a youth goes above and beyond what is expected of him as set in the baseline or, the youth's attitudes and behaviors are such that there is a noticeable positive change in his interaction with others.
- Minuses: A minus is given when the youth fails to meet the expectations set forth
  in the baseline. Minuses may be assigned through self-report or by staff.

The Weekly GIT rating sheets begin on Saturday morning and end on the following Friday evening. Youth who do not receive a rating of "Poor" during the week will be rewarded with an Honor Party on Sunday afternoon in recognition of appropriate behavior displayed throughout the prior week.

A Phase system is also used to assess a youth's treatment progress while in the facility and to provide further opportunities for positive reinforcement through earning privileges. The phase system also helps provide structure to both the youth and staff. Youth are encouraged to objectively analyze their own actions and to determine what behaviors they must exhibit to progress through the system. The system is divided into five Phases: 0 through 4. Each Phase is designed to challenge youth differently; as such,

they are increasingly difficult in order and the higher youth progress, the higher the responsibilities placed on youth. In accordance with increasing difficulty, the Phase system also has increasing privileges. The Phase privileges are posted throughout the facility and are also in the Youth/Parent Handbook.

## O. Acceptance of Contract Provisions

Cornerstone Programs Corp and Garza County Regional Juvenile Center shall provide services that are in full compliance with all applicable local, state and federal laws, rules and regulations now in effect or that become effective during the term the contract. Further, Cornerstone Programs Corp and GCRJC are in full understanding and acceptance of the TJJD Contract Provisions, Certifications, and Representations.

# **TEXAS JUVENILE JUSTICE DEPARTMENT**

## Statement of Work Narrative/Program Components

Service Provider certifies by his/her signature that all information in the SOW is complete and accurate and that the services described will be adhered to for the extent of the contract, unless amended with the agreement of both parties; and that he/she has full authority to sign and submit the Statement of Work Narrative/Program Components and Budget.

Service Provider:	
- Sane	6/07/17
Signature and Date	
Approved by Youth Services Contracts	Manager:
Meuison	7/10/17
Signature and Date	